

SECTION R - CHILDREN'S COOKING

Steward: Sarah Goodwin

PH: 0404 453 480

ENTRY FEE: 50c

PRIZES: 1st - \$5.00 & 2nd - \$3.00

ENTRY FORMS: Take to the Show office, weekdays from Friday 11th - Wednesday 16th October 10am – 4pm and collect your exhibitor card.

CLOSING DATE: Entries Close 4.00pm Wednesday 16th October 2019

No late entries accepted

SPECIAL CHALLENGE AWARD

Sponsored by Cookies Galore

- **School Lunch Box Challenge** – Create a healthy lunch box
1st Prize \$10.00, 2nd Prize \$5.00
 - **Decorate a Gingerbread House** – Get creative!
1st Prize \$10.00, 2nd Prize \$5.00
- See over page for class details*

BENCHING TIMES

- All exhibits to be benched (delivered to the Exhibition Hall) by 10.00am on Show Friday.
- Exhibits are to be removed between 4.00pm & 5.00pm on Show Saturday.
- Exhibits not collected by 5.00pm on Show Saturday will be disposed of.
- Prize money will be available for collection from the Show Office after 3.00pm Show Saturday.

<u>Class</u>	
Kindergarten/Pre-Primary	
R1	Fruit Kebabs – 3 Kebab Sticks
R2	Rocky Road – homemade 6 pieces
R3	Milk arrowroot biscuits - 3 iced and decorated
School Years 1 - 3	
R4	Savoury Muffins – 3 (attach recipe to plate)
R5	Fruit muffins – 3 (attach recipe to plate)
R6	Plain Scones – 3 pieces
School Years 4 - 6	
R7	Fresh Seasonal salad (Attach list of Ingredients to plate)
R8	Quiche – 2 slices (attach recipe to plate)
R9	Fruit or Vegetable cakes – e.g Beetroot cake, Roast Pumpkin spice cake, see website for more ideas and recipes. (attach recipe to plate)
R10	Homemade Pasta- any pasta shape or design (pasta must be dried and displayed in clear zip lock bag)
School Years 7 - 10	
R11	Fresh Seasonal Salad (attach list of ingredients to Plate)
R12	Quiche – 2 slices (attach recipe to plate)
R13	Fruit or Vegetable cakes – eg. Beetroot cake, Roast Pumpkin spice cake, see website for more ideas and recipes. (attach recipe to plate)
R14	Homemade Pasta- any pasta shape or design (pasta must be dried and displayed in clear zip lock bag)
Open Children's section – any age under 18	
R15	Indian Samosas – 6 pieces (attach recipe to plate)

R16	Asian spring rolls – 6 – (attach recipe to plate)
R17	Sushi – one roll cut into 6 pieces
R18	Vietnamese spring rolls 6 pieces (attach recipe to plate)
R19	Focaccia – see website for ideas and recipe (attach recipe to plate)

Children's Cooking SPECIAL CHALLENGE AWARDS

School Lunch Box Challenge

1st Prize \$10, 2nd Prize \$5

Create a practical, seasonal healthy lunch that you would love to make, take and eat.

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R23	School years 1 – 3 School Lunch Box Challenge
R24	School years 4 – 6 School Lunch Box Challenge
R25	School years 7 – 9 School Lunch Box Challenge
R26	School years 10 – 12 School Lunch Box Challenge

Decorate a Gingerbread House

1st Prize \$10, 2nd Prize \$5

House is to be displayed on board 25cm x 25cm.

Kit (4 sides/roof + royal icing recipe) available from Cookies Galore at \$7.50 a kit

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R27	School years 1 – 3 Decorate a Gingerbread House
R28	School years 4 – 5 Decorate a Gingerbread House
R29	School years 6 – 7 Decorate a Gingerbread House